

## Summer Worship 2026: Counterweights: Holding Hope in a Heavy World

June 7 – July 26

*Counterweights: An Essential Practice for Holding Hope in a Heavy World* is the title of a recently published book by Goshen’s own Shannan Martin. In the book, Martin tells the story of how her father taught her about counterweights, the principle where an opposing weight is used to create a stabilizing force that balances the effect of a load- like carrying a heavy bucket in both hands is easier than just carrying a bucket in one.

In the context of community, how can we not only learn how to develop and value our own counterweights, but also learn the stories of other people’s counterweights? How are others finding joy during trying and stressful times? How can we better share our own stories of both hope and stress, good and bad, while also learning the same stories from others?

During this summer worship series, let’s find joy in sharing our counterweights, in sharing how we balance hope with fear and despair. In doing so, let’s share our pain, care for one another, dream about a new way forward, and become the community God created us to be.

<b>Date</b>	<b>Storyteller</b>	<b>Specials</b>
6/7	Judith Davis	
6/14	Jamie Lake	
6/21	Breanna Daugherty	
6/28	Jon Zirkle	Communion
7/5	MYF reporting from MDS trip	Outdoor service at Pringle Park; cookout/potluck after
7/12	Mitch Rhodes and Lora Nafziger	
7/19	Jesse Van Tol	More time with Jesse Van Tol after worship
7/26	Jeannette Hughes, et al.	